

I'm Jeremy ...and what you're
looking at right now



is one of the most **overlooked** parts of a quarterbacks game...



As A **3x** Conference Championship
Winning Quarterback & Coach

I've Decided To Reveal 7 Crucial
Elements That You Absolutely Must
Know For **Optimum** Quarterback
Training

These Elements Deliver A Level
Of **Timing/Chemistry** With Your
Wide Receivers,

That No Other Quarterback
Can Achieve.

I'll Demonstrate:

* How to simulate a perfect shotgun snap during practice and achieve perfect grip in less time as the play develops

* Achieve **hundreds** of times more accurate reps than any other quarterback

* Bypass flakey teammates or siblings too unskilled to snap you the ball properly.

* **Without** needing to rely on any other training partner at all.

I don't know how long this video will be allowed online as I may be entering a license agreement for this exact training system,

so be sure you watch the entire
thing right now while it's still
available.

Now let me ask you a question...

How many times have you laid an
egg on the football field and felt
your performance **plummeting..?**

...either while battling for a starting job in practice or on game day.

That wasn't a zone blitz you just got thumped by — that was **reality** smacking you in the face.

I've got solutions for you
right **now**.

-- and all you've got to do
is keep watching.

Deal?

Alright. Let's do this.

Because YOU are the leader of your team during play and the coach on the field, you're more **aware** of team chemistry than anyone else,

and how **reliant** you are on team
mates and vice versa they are on
you.

So we both fully appreciate how vitally important it is, how absolutely crucial, that during off season you develop the **perfect** chemistry with your team mates,

at the same time as getting enough
practice **reps**, both physically and
mentally, for your own game.

All eyes are on YOU. You are the
one player that gets the most
blame when a game is lost.

You are in the spotlight and under
a microscope at the same time.
Doesn't matter if it's your family,
your team, player Scouts or the
fans.

And if you haven't figured it out yet, I'm sorry to tell you that if you're relatively new to the game

your problems with practice will
exist even once you become an
established starting quarterback.

You cannot just practice alone,
right?

For optimum practice you ideally need a Center with the skill and accuracy to snap you the ball,

dozens of times during every
practice session, at home or on
the field -- and that just isn't going
to happen.

So with other people's schedules and lack of availability, you never get the chance to simulate certain

unique quarterback experiences
on a regular basis (and I do mean
daily) to get enough reps. Plain and
simple.

And that's a problem that exists at
any level of football.

To be sufficiently prepared to win
a job as a starting quarterback or
to win the games according to the
expectations of your coach and
your fans.

All eyes are on you. You feel the pressure to perform each and every day you walk through your school halls,

or in public or out in the
community. That outside pressure
is thrust upon you by coaches, fans,
team mates, parents, owners,
everyone.

You recognize the vital importance of being given the tools or the commitment by your teammates and coaches to be successful to accomplish your goals.

How can you make that happen?

I mean, let's call a spade a spade here. The quarterback IS the most under coached and over esteemed position on the field.

You're expected to give all the credit to the team when things go right. But when things go wrong, look out, you get all the blame.

When things go wrong, it's not the team's fault, it's your fault. That's the definition of a leader. You are responsible. And that can feel like a heavy burden to bear.

You might think that growing up with 4 brothers, all quarterbacks, that I was able to get plenty of solid quality intense practice whenever I wanted.

My brothers always had reasons why they couldn't practice (which you and I would call excuses). They were always just so busy. Always preoccupied. Always distracted.

So as usual I was training alone
throwing into a net. Picking up a
ball from the ground, and throwing.

Of course that's so far removed
from simulating what actually
happens in a game...

Nothing I was doing was realistically going to help me improve my speed and accuracy as a quarterback — except for maybe strengthening my arm.

And you and I both know that football is perhaps more than 90% mental. If my mental state is distracted by feeling unprepared

to the best of my ability then I'm
not devoting all of my mental
energy to where it needs to be as
a quarterback.

Early on as an immature
quarterback, standing in the rain
throwing into a net, pissed at my
training partners for yet again

cancelling, feeling sick to my
stomach knowing that I was
wasting my time, with a big game
coming up,

That feeling of unpreparedness made me wish I was going to be just sitting in the stands just watching the game. The pressure was piercing.

That feeling had been with me since I was going over the game plans in the locker room right before game time, unprepared, exposed.

The sound of cleats exiting to the field as I sat there head down deep in concentration...

pads on, shoelaces done, helmet in
hand

Coach was his usual self,
motivating everyone to pull off
small miracles on every play

I remembered that same feeling from practicing alone in the rain, of feeling unprepared for a very big game – knowing that all eyes would be on me.

And I was nervous as hell

More than nervous, I was frustrated and confused -- kind of angry, actually. At that time, it didn't seem fair that I was responsible,

but in reality, as the starting
quarterback, I was still ultimately
responsible for my team and my
performance.

It dawned on me that despite the countless hours of team practice... it simply wasn't going to get any better unless I took action. And I did. Just like you can today...

I felt the pull in my belly of not knowing if I could execute our system if I wasn't even sure I would be able to handle the shotgun snap to begin with...

...before I even I execute play
action fake, take my drop, get my
read, make an accurate throw.

In the checklist in my mind, that seemed to be the one thing that was way overlooked in my preparation.

It all starts with the snap. Can't
build a skyscraper without a
foundation.

And then it happened:

I looked over at our coach, who was showing his encouraging enthusiasm, doing his usual great job of inspiring us into a frenzy of pre-game fury...

but I looked over at him with a detached cold eye on things... and I realized that if I was going to be a winning quarterback,

I could not rely on a coach. That was a big wakeup call right there.

Later that night reviewing the film
and analyzing my performance I
realized that because of the
evolution of the game in recent
years,

I could never really be prepared
for the most basic most
fundamental aspect of the offense
which is the initiation of the play
itself.

...That pivotal moment of center
quarterback exchange.

You see a large percentage of shotgun snaps used in offensive football today and as a quarterback you realize it's so important to get that ball in your hand properly,

form the necessary grip around it
and then release the ball accurately.

That grip, and the way that ball
lands in your hands is crucial to
your quick release, your accuracy,
timing, ... YOUR GAME.

But the whole process changes
when you're in shotgun as opposed
to under center.

You can stand there and toss a ball
and have it drop into your hands
and then think you're an all-star
but what you need in practice is
what happens in the game...

...For the ball to come at you with force when you give the signal and with as many inconsistent ways as realistically possible.

I had always sought the very best
and here I was feeling unprepared.
But why? We practiced regularly.

We went through all the wrist
band plays. But I had gut wrenching
doubt that coach really knew what
he was doing.

Because one thing is for sure, he did not understand the experience or needs of a quarterback,

because he had played on the
offensive line and coached linemen
his whole career.

And that's a very sad realization
for a player to make.

As a QB you need to see how the play develops every single rep, whether physically executing it or mentally. Not having to worry about those shotgun snaps.

You're not only looking at the safety or the linebacker, and what quarter or half of the field they are getting to at the snap,

but you're also looking at the spacing of the receivers and gauging when the receivers will be at the place they need to be at when the QB throws the ball.

You cannot do that if you're constantly flipping the ball to the other quarterback as he gets his reps.

**Mental reps as all coaches know
are just as important as physical
reps.**

And what about all the other man
power you waste in having to use
somebody else with apparently no
athletic bone in their body and the

frustrations and inconvenience,
associated with practicing the
shotgun snap.

(Some of those people don't have an athletic bone in their body).

So you are forever limited by how efficiently you can train by yourself.

You're always relying on a center
and receiver in order to get quality
practice.

Lack of attention to detail gets us
killed out there on the field.

Waste of motion and inefficiency
get you beat.

And that's exactly how any good coach will put it too.

At any level, recreation, youth, high school, college, to the pros. It's a new game. It's not like it used to be a long time ago.

It's become such a competitive sport that we are looking for every little advantage we can get as players and coaches.

Other teams will be searching for the upper hand to find the things that you did not consider.

Right down to the precise details of how the quarterback is able to handle a shotgun snap and release the ball.

Quitting was never an option. But I needed to find a better way for everybody. And come up with a solution that obviously no one had thought of.

In that very moment with all the courage I made an unwavering commitment to myself that was like my own personal Declaration of Independence:

Never again will I sit in the locker room pre-game without feeling 100% prepared as best as I possibly could.

I would overcome this, I would figure out how to feel like my training practice time really counted for meticulous control.

That's when I discovered the great
hoax that is plaguing the football
industry.